# Shellharbour **Surf Life Saving Club Inc**

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## Shellharbour Peet Sea Crest Ocean Swim 2012

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Saturday, April 14th 2012.



SHELLHARBOUR





7th Annual Shellharbour Peet Sea Crest Ocean

Swim ~ 1.2 km Event.

**Shellharbour Boat Harbour to Shellharbour North** 

Beach

Saturday 14th April 2012 Start: 10.15am **Date** 

**Organisers** Shellharbour Surf Life Saving Club Inc

> Leave the sandy foreshore of Shellharbour Boat Harbour heading through the boat harbour entrance,

then swim out and north around Cowries headland. follow the foreshore to Cunji Rock Platform and onto

main patrolled beach at North Shellharbour.

1.2 km **Distance** 

Conditions Fine and mild autumn conditions prevail at this time of the year. Water temperatures are still favourable for **Expected** swimmers, and wet suits are not generally required.

This is a short course and leaves from the picturesque boat harbour, then follows the rocky shore line and onto the main beach at Shellharbour. Water is not particularly deep and clear conditions generally prevail, providing good under water scenery. There should be plenty of fish & other marine creatures to spot as swimmers negotiate the gentle rock reefs. Spectators and supporters can easily follow the progress of all

shoreline walking trail. The swim will finish through the surf break in front of the Surf Life Saving Club.

competitors from the many vantage points along the

Organiser's Comment

This is the seventh year for this event. Our nrevious events provided to be very popular with pierious erenie pieriusu to se reij popular mini

all the swimmers. It has an easy entry, interesting course, easy exit & caterers for swimmers of all abilities. This time of the year is particularly favourable to ocean swimming, with smoother seas, good visibility and comfortable water temperatures. Once again we will conduct our event in conjunction with the popular Mollymook Surf Life Saving Club ocean swim the following day. It provides those swimmers, making the annual trip down to Mollymook, with a unique" double-header" event. A special prize category will be available for those competing in both events.

### **Categories**

Open Male & Open Female Male & Female Divisions

Under 18

19-30

31-40

41-50

51-60

60 +

Family (Parents & two children) Please note: The minimum age for participants is 13 years on the day of the event.

Category for competitors wearing swim fins Participants will only be eligible for one divisional prize.

Random Draw Prizes on offer for all registered swimmers

### Water Safety

Shellharbour Surf Life Saving Club Inc will provide.

On-line:

**Entries** 

You can check your on-line entries at the Ocean Swim Entries

#### Registration

On-line: Ocean Swim Registrations

On the day: Shellharbour Surf Club premises -North Shellharbour Beach, Manual Registration

Form.

Entries close at 9:30am.

All swimmers must check in at the Surf Club rooms prior to making their way to the

starting line.

#### Cost **All Divisions - To be Confirmed**

\$25.00 on-line \$30.00 on the day

\$55 Family on-line (two parents & 2 children) \$90 Family on the day (two parents & two

children)

**Prizes** Prize Pool 

- Open Male & Open Female 1st \$250 2nd \$150 3rd \$75
- Age Groups 1st, 2nd & 3rd in each age group and gender group to receive prize.
- Random Draw prizes will be awarded to those who enter & complete the swim.

Websites http://www.shellharboursurfclub.com/ &

http://www.oceanswims.com/

**Sponsors** Peet Sea Crest

Tourism Shellharbour

Surf Club Home Calendar of Events